

WOULD YOU LIKE TO HELP REDUCE LONELINESS & ISOLATION?

Could you spare time to support someone in your community and help them feel more connected?

Inclusion Matters

is a project for people who are feeling lonely and isolated and need a little help to feel connected to their community

We are looking for Wellbeing Volunteers to offer support, help individuals maintain independence, promote health and social interaction, help people to connect with their communities, make lifestyle changes and offer support after a hospital discharge.

Full training will be provided.

Contact us for more information:



(01736)334686



volunteering@cornwallrcc.org.uk

Inclusion Matters is a partnership between CRCC, Age UK, Disability Cornwall, Inclusion Cornwall and the Digital Inclusion team



Inclusion Matters

Connecting Cornwall's Communities

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